



Guía de Aprendizaje

Unidad: FOOD AND HEALTH Subsector: ENGLISH Nivel: 6° BASICO Duración:

Objetivo Aprendizaje: Leer y demostrar comprensión de textos adaptados y auténticos simples, no literarios, que contengan palabras de uso frecuente, familias de palabras y repetición de frases, y estén acompañadas de apoyo visual y relacionadas con los temas y las siguientes funciones del año:.....

Objetivo de la Guía: Comprensión de textos adaptados y auténticos breves y simples literarios.

Nombre: _____ Curso: _____ Fecha: ___/___/_____

Instrucciones: (Leídas en silencio)

- ✓ Lee atentamente esta guía.
- ✓ Trabaja en forma individual.
- ✓ Pégala en tu cuaderno o archívala en tu carpeta.



I. Extraer información general y explícita de un texto informativo.

Leer el texto MEALS AROUND THE WORLD, y responder preguntas simples de comprensión.

MEALS AROUND THE WORLD :

1. People eat a variety of food at different moments of the day. Each country has its own main meal. Breakfast is usually the most important meal in many countries, but dinner is also the perfect moment to be with family and friends. However, in countries like Russia and Chile, lunch is the main meal of the day.

2. Meat and potatoes of various styles dominate dinner plates in the USA. Some other good examples are burgers and French fries, fried chicken with mash potatoes or steak with baked potatoes.

3. Some countries have a national dish which tourists cannot miss! Brazil's typical dish is Feijoada- a stew made with pork and beef, served with rice. In other countries, there is a mixture of flavours. For example, the food in Jamaica mixes ingredients from Spain, the UK, Africa, India and China.

4. It does not matter if it is breakfast, lunch or dinner; a good meal is always a good moment to celebrate and share.

a. Is lunch the main meal in all countries around the world?

b. What's a good example of meal preparations in the USA?

c. What do you think the phrase "**a mixture of flavours**" means?.....

VOCABULARY:

Food	: alimento	Steak	: bistec
Meal	: comida	baked potatoes:	papas horneadas
Breakfast	: desayuno	Dish	: Plato de comida
Dinner	: cena	Plate	: Plato vacio
Lunch	: almuerzo	Stew	: cocido
Meat	: carne	Pork	: carne de cerdo
Potatoe	: papas	Beef	: carne de vacuno
French fries	: papas fritas	Rice	: arroz
Fried chicken	: pollo frito	Flavours	: sabores
Mash potatoes:	puré de papas	Share	: compartir
Fork	: tenedor	Spoon	: cuchara
Knife	: cuchillo	Glass	: Vaso
Pastas	: fideos	Milk	: leche
Juice	: jugo	Bread	: pan
Eggs	: huevos	Vegetables	: verduras



II. RESPONDER PREGUNTAS DE VERDADERO O FALSO.

Decide if these statements are true (T) or false (F)

- a. Dinner is the only meal which you can share with your family.
- b. In the USA potatoes are usually fried, mashed or baked.
- c. People in Jamaica only eat food from their own country.
- d. Feijoada is prepared with pork, beef and rice.
- e. All the countries have the same meals.
- f. A good meal is always a good moment to share and celebrate.

III. COMPLETAR INFORMACIÓN EN UNA TABLA APLICANDO VOCABULARIO DE LA UNIDAD.

Escribir los ingredientes que necesitas en diferentes tipos de comida.

Ejemplo en línea 1.

MEAL	INGREDIENTS
VEGETABLE SALAD SERVED WITH STEAK.	Lettuce, tomatoe, boiled potatoe, onion, Meat, salt, lemon, oil
BROTH (cazuela)	
PASTAS WITH MEAT SAUCE	
BREAKFAST	
CAKE	